

**Notice: Informing Individuals About
Nondiscrimination and Accessibility Requirements and Nondiscrimination Statement
Discrimination is Against the Law**

PMC Medical Group, LLC and PMC Surgical Center, LLC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. PMC Medical Group, LLC and PMC Surgical Center, LLC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

PMC Medical Group, LLC and PMC Surgical Center, LLC :

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
 - Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages
- If you need these services, contact Compliance Team at 1-(603)-692-1798.

If you believe that PMC Medical Group, LLC or PMC Surgical Center, LLC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Compliance Team at 7 Works Way, Somersworth, NH 03878; Phone: 1-(603)-692-1798., Fax: (603)-841-2305, Email: compliance@pmcmedicalgroup.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Compliance Team is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:
U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak [insert language], language assistance services, free of charge, are available to you. Call 1-xxx-xxx-xxxx

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-(603)-692-1798.

French: ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-(603)-692-1798.

Chinese: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-(603)-692-1798。

Nepali: ध्यान दिनु होस्: तपाईंले नेपाल बोल्नुहुन्छ भने तपाईंको निम्त भाषा सहायता सवाहरु नःशल्क रूपमा उपलब्ध छ। फोन गर्नु होस् 1-(603)-692-1798.

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-(603)-692-1798.

Portuguese: ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-(603)-692-1798.

Greek: ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-(603)-692-1798.

Arabic: برقم اتصالات المجان لك توافر ال لغوية المساعدة خدمات ف إن ال لغة، اذكرت تحدثك انت إذا ملحوظة 1-(603)-692-1798.

Serbo-Croatian OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-(603)-692-1798.

Indonesian: PERHATIAN: Jika Anda berbicara dalam Bahasa Indonesia, layanan bantuan bahasa akan tersedia secara gratis. Hubungi 1-(603)-692-1798.

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-(603)-692-1798.

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-(603)-692-1798.

French Creole: ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-(603)-692-1798.

Bantu - Kirundi: ICITONDERWA: Nimba uvuga Ikirundi, uzohabwa serivisi zo gufasha mu ndimi, ku buntu. Woterefona 1-(603)-692-1798.

Polish: UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-(603)-692-1798.